



ICI Standards & Curriculum for: ICI accredited “EDU Coach, ICI”

The qualification “EDU Coach, ICI” is accredited by the ICI. The ICI member Institute: School of Coaching, of the “Coach Master Trainer, ICI”: Lilianna Kupaj, who developed the curriculum, has the right to conduct and seal the certificates of this training with an ICI seal. If you have any questions please contact Lilianna Kupaj directly.

The training program includes:

120 hours of training, a minimum of 10 hours of individual or group supervision (as part of the course); a minimum of 20 hours of oral time using GROW, EI COACH or Dilts model (as part of the course); mutual coaching sessions in the training group; 2 own coaching sessions with certified ICI coach.

Checking knowledge:

- Written test checking participants’ knowledge,
- Practical exam - coaching session, feedback from participants and supervisor,
- Presentation of own concept of competences and tools usage as educator,
- Description of 3 coaching sessions taken place during or outside the course.

Competences:

The program prepares you for the deployment and usage of coaching competences at work in education sector (as teacher, educator, psychologist and director of the school). You will learn how to use coaching tools during the class, conversations with students, their parents, friends or colleagues at your work place and with your superiors.

Developing competences:

- Building a relationship with the client,
- Establishing a contract of confidentiality and security,
- Setting goals for the whole coaching process as well as for each single session, completing tasks between sessions,
- Coaching communication: asking open-ended questions, active listening,
- Using challenges,
- Developing internal emotional stability,
- Managing the progress of the coaching session, the whole coaching process, monitoring the progress of the client,
- The coaching presence and mindfulness,
- Ability to build the structure of the coaching session and the whole coaching process.

The ICI certificate for: "EDU Coach, ICI" must include:

1. the correct title of the qualification: "EDU Coach, ICI"
2. the duration of the course with precise information regarding training days and hours (at least 120 hours in 18 days)
3. the date of the first and last day of the training
4. a statement that all ICI guidelines have been met



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5. the ICI seal (sticker with ICI logo and seal number)
6. the signature of the "Coach Master Trainer, ICI"

Training content for the qualification: We highly recommend to list the complete trained main content and the complete amount of training hours and days that is needed for the certified qualification in Coaching on the backside of the certificate or on a separate signed document.

The following statement is optional for an ICI sealed certificate:

"Because of the high quality of this training it may be recognized as ECTS credit points in academic studies in psychology with a focus on Coaching."

For more details, please see the "ICI Certification Guidelines"

For more information regarding "EDU Coach, ICI" please visit:

<http://szkolacoachingu.edu.pl/szkola-coachingu-dla-nauczycieli-edu-coach-ici-985.html>