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International Association of Coaching Institutes ICI: [www.Coaching-Institutes.net](http://www.Coaching-Institutes.net)

## ICI Standards & Curriculum for: ICI accredited "Agile Methods in Coaching, ICI"

The qualification for "Agile Methods in Coaching, ICI" is accredited by the ICI. The member of the ICI institute: BES-Institute, with its "Coach Master Trainer, ICI": Andrea Mills, who developed the curriculum, have the right to seal the certificates of this certification course with an ICI seal. If you have any questions, please contact BES-Institutes, our ICI member directly.

### Training Program:

Certification Blended (elearning and online/face-to-face)		Hours
<b>Type</b>	<b>E-LEARNING</b>	<b>20</b>
Self-study	Videos and Agile Methods material reading of theoretical content including knowledge assessment	15
Practice	Developing a Personal Concept and Agile Project documentation	5
<b>Type</b>	<b>Online / FACE-TO-FACE</b>	<b>20</b>
Training	online/face to face training	10
Practice/ Training	Online sessions with learning partners and presentation and discussion of Agile Project	5
Evaluation	Group presentation of Agile Project - Feedback	5
<b>TOTAL HOURS</b>		<b>40</b>

In an increasingly agile world, you find yourself in constant processes of change and adaptation. Right now, flexibility is required as a key competence – even if it means leaving one's own comfort zone. The decisive factor for a sustainable change is our mindset along with a solid knowledge of methods applied in a transformation process.

People and organizations are challenged to adapt to the current conditions by learning from positive experience and from making mistakes. This development makes it possible to face challenges, act situationally and then review the consequences of the actions. If necessary, change our behavior, workflow or structures.

## **Content and Goals**

- Agile values and principles
- Agile methods: SCRUM, KANBAN, Design Thinking
- Role definition and task
- Defining areas of application of agile methods
- Success and Challenges in the transformation process
- Basic background on conflict management skills
- Developing Competencies to apply in transformation processes
- Group dynamics and team building skills
- Facilitating change
- Theoretical background on change management
- Developing an agile mindset in self and others
- Tools for supporting a reflection process

## **This training desires to enable you to**

- Accompany professional change agents and leaders in achieving the next level of transformation
- Accompany and coach the organizational culture of companies, teams and groups of professionals with regard to new values and ways of working
- Coach people and teams to generate an agile mindset to achieve extraordinary results
- Define agile methods for the working environment
- Generate high-performance, self-sustainable teams in a changing environment
- Identify and work limiting beliefs that prevent professionals and teams from achieving an agile working set
- Reduce stress levels and manage human well-being by developing resilience in an agile environment.

### **Target group:**

Coaches, trainers, consultants, managers and professionals who want to acquire an insight into agile method application. A minimum of 4 and a maximum of 10 people per group is recommended to ensure group learning possibilities.

### **The ICI certificate for: "Agile Methods in Coaching" must include:**

1. The correct title of qualification: "Agile Methods in Coaching, ICI"
2. Course duration with accurate information regarding training days and hours (at least 40 e-learning and face-to-face/synchronous training)
3. The start and end date of the training.
4. A statement that all ICI guidelines have been met.
5. ICI seal (sticker with ICI logo and stamp number)
6. The signature of the "Coach Master Trainer, ICI"

**Qualification Training Content:** We recommend listing the fulltrained principal content and the full number of hours and days of training required for certified coaching qualification on the back of the

certificate or on a separately signed document.

**The following declaration is optional for an ICI sealed certificate:**

"Due to the high quality of this training, it can be recognized as ECTS credit points in academic studies in psychology with a focus on coaching"

**For more details, please refer to "ICI Certification Guidelines"**

**For more information please contact "BES-Institutes, Andrea Mills", by visiting the ICI website: [www.coaching-institutes.net](http://www.coaching-institutes.net)**