

# **ICI Standards & Curriculum for:**

## **“Advanced Coach, ICI”**

### **Qualification Overview**

The qualification **“Advanced Coach, ICI”** is an intermediate accredited coaching qualification positioned between **“Coach, ICI”** and **“Master Coach, ICI”**.

It is designed for coaches who have completed the **Coach, ICI** qualification and wish to deepen their professional competencies, process facilitation skills, and systemic understanding before entering the **Master Coach, ICI** level.

### **Duration & Structure**

The qualification **“Advanced Coach, ICI”** consists of at least:

- **100 hours / 14 training days** coaching education
- structured training modules
- reflective practice and integration elements

All training hours consist of **60 minutes**.

### **Requirements for Participation**

Prerequisites for attending the **“Advanced Coach, ICI”** qualification training:

- Certified **Coach, ICI**
- Coaching experience after certification as Coach, ICI (recommended minimum: 1 year)

### **Positioning within the ICI Qualification System**

The **“Advanced Coach, ICI”** qualification:

- builds upon the curriculum and competencies of **Coach, ICI**
- includes selected and focused elements from the curriculum of **Master Coach, ICI**
- prepares participants for the requirements, mindset, and competencies of the **Master Coach, ICI** level
- may be fully credited as part of the total training hours required for **Master Coach, ICI**

## **Training Content of:**

# **“Advanced Coach, ICI”**

The training focuses on advanced coaching competencies, long-term process facilitation, systemic perspectives, and the professional role of the coach.

### **Module 1: Role and Identity of the Advanced Coach**

- reflection of one's own function and role as coach
- impartiality and professional responsibility
- boundaries and ethics in advanced coaching processes
- transition from session-based coaching to process facilitation

### **Module 2: Values, Beliefs, and Conflict Resolution**

- resolution of interest, value, and goal conflicts
- values and belief systems
- primary and secondary gains in change processes
- ethical intervention at value and belief levels

### **Module 3: Advanced Process Facilitation**

- analysis and change in long-term coaching processes
- recognition and handling of stuck states
- intervention in crisis-related coaching situations
- development, learning, and application of new strategies

### **Module 4: Systemic Thinking and Context Awareness**

- systemic perspectives in individual and relational coaching
- recognition of patterns in social and organizational systems
- contextual diagnostics and systemic interventions
- limits of systemic coaching

### **Module 5: Advanced Communication and the Language of Change**

- metaphors as coaching interventions
- narrative- and meaning-oriented coaching approaches
- advanced language patterns supporting transformation

- **conscious and goal-oriented development of the coach's way of perceiving reality in order to better support the client's change process**

## **Module 6: Facilitation of Group and Team Processes**

- abilities for process facilitation
- group phases according to Lewin
- synergy effects and team dynamics
- introduction to team and group coaching processes

## **Module 7: Integration, Reflection, and Preparation for Master Level**

- integration of advanced coaching competencies
- reflection on professional development as coach
- structured case reflections
- preparation for entering the **Master Coach, ICI** qualification

## **Optional Recommended Training Content**

- supervision and peer reflection
- continuous professional development (CPD) awareness
- mentoring as a developmental support element
- stress management and creation of personal balance

## **Certificate Requirements**

The ICI certificate for **“Advanced Coach, ICI”** must include:

1. the correct title of the qualification: **“Advanced Coach, ICI”**
2. the duration of the course with precise information regarding training days and hours
3. the date of the first and last day of the course
4. the ICI seal (sticker with ICI logo and seal number)
5. a statement that all ICI guidelines have been met
6. the signature of the **Coach Master Trainer, ICI**

## **Notes**

- At least **80% of the training** must be conducted by an approved **Coach Master Trainer, ICI**
- Training groups consist of a minimum of **6 participants**
- Breaks longer than 30 minutes are not counted as training time